



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Hellwig, Günter

Club: Marschacht
Number: 201

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:34:38

Speed: 7.32 km/h
Running performance: 8:11 min/km

Rank in course/Total: 551 (of 581)

Rank in course/Men: 458 (of 475)

Best time in course: 1:39:32

Rank in category: 73(of 77)

Best time in the category: 1:59:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	26:04	7:53	77	12:08	465	13:00	3.30	26:04	7:53	77	12:08	465	13:00
Schlüsie	3.10	28:21	9:08	75	12:53	462	14:43	6.40	54:25	8:30	76	25:01	460	27:42
Hermannsklippe	2.60	25:06	9:39	73	11:35	454	13:42	9.00	1:19:31	8:50	77	36:27	465	41:24
Brocken	3.10	39:43	12:48	69	18:15	448	21:40	12.10	1:59:14	9:51	74	54:42	459	1:03:04
Eiserner Handwe	3.60	24:43	6:51	70	10:18	433	12:51	15.70	2:23:57	9:10	73	1:04:15	458	1:15:55
Schlüsie	4.10	26:09	6:22	73	12:02	455	14:35	19.80	2:50:06	8:35	73	1:15:42	460	1:30:30
Loddenke	3.10	20:35	6:38	73	8:55	454	11:16	22.90	3:10:41	8:19	73	1:24:24	458	1:41:46
Ilseburg/Markt	3.30	23:57	7:15	73	10:55	453	13:20	26.20	3:34:38	8:11	73	1:35:12	458	1:55:06