



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Krokotsch, Werner

Club: Lauffeuer Buntekuh Lübeck
Number: 284

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:40:24

Speed: 7.08 km/h
Running performance: 8:25 min/km

Rank in course/Total: 561 (of 581)

Rank in course/Men: 464 (of 475)

Best time in course: 1:39:32

Rank in category: 76(of 77)

Best time in the category: 1:59:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	25:26	7:42	76	11:30	464	12:22	3.30	25:26	7:42	76	11:30	464	12:22
Schlüsie	3.10	27:25	8:50	74	11:57	456	13:47	6.40	52:51	8:15	75	23:27	459	26:08
Hermannsklippe	2.60	26:15	10:05	75	12:44	465	14:51	9.00	1:19:06	8:47	75	36:02	463	40:59
Brocken	3.10	41:55	13:31	74	20:27	464	23:52	12.10	2:01:01	10:00	76	56:29	467	1:04:51
Eiserner Handwe	3.60	28:24	7:53	76	13:59	466	16:32	15.70	2:29:25	9:31	76	1:09:43	468	1:21:23
Schlüsie	4.10	28:19	6:54	75	14:12	462	16:45	19.80	2:57:44	8:58	76	1:23:20	467	1:38:08
Loddenke	3.10	20:04	6:28	71	8:24	447	10:45	22.90	3:17:48	8:38	76	1:31:31	466	1:48:53
Ilseburg/Markt	3.30	22:36	6:50	72	9:34	446	11:59	26.20	3:40:24	8:24	76	1:40:58	464	2:00:52