



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

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Club: Faaborg Ski- og Motionsklub  
Number: 229

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 3:41:59

Speed: 7.08 km/h  
Running performance: 8:28 min/km

Rank in course/Total: 565 (of 581)

Rank in course/Women: 100 (of 106)

Best time in course: 2:08:56

Rank in category: 10(of 11)

Best time in the category: 2:12:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	24:46	7:30	10	7:00	97	8:58	3.30	24:46	7:30	10	7:00	97	8:58
Schlüsie	3.10	28:19	9:08	10	11:05	94	11:44	6.40	53:05	8:17	10	18:05	94	20:37
Hermannsklippe	2.60	27:04	10:24	10	11:47	99	12:29	9.00	1:20:09	8:54	10	29:52	98	33:06
Brocken	3.10	43:12	13:56	11	19:03	99	19:03	12.10	2:03:21	10:11	10	48:55	99	52:02
Eiserner Handwe	3.60	26:26	7:20	10	10:44	92	11:14	15.70	2:29:47	9:32	10	59:39	99	1:03:16
Schlüsie	4.10	26:29	6:27	10	11:19	93	11:23	19.80	2:56:16	8:54	10	1:10:58	97	1:14:39
Loddenke	3.10	21:36	6:58	11	8:58	100	9:29	22.90	3:17:52	8:38	10	1:19:56	98	1:24:08
Ilseburg/Markt	3.30	24:07	7:18	11	9:57	98	10:07	26.20	3:41:59	8:28	10	1:29:53	100	1:33:03