



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Spannaus, Hans-Ullrich

Club: Halle
Number: 487

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:43:18

Speed: 7.04 km/h
Running performance: 8:31 min/km

Rank in course/Total: 566 (of 581)

Rank in course/Men: 466 (of 475)

Best time in course: 1:39:32

Rank in category: 38(of 40)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	26:19	7:58	39	9:30	468	13:15	3.30	26:19	7:58	39	9:30	468	13:15
Schlüsie	3.10	28:21	9:08	39	9:52	462	14:43	6.40	54:40	8:32	39	18:41	461	27:57
Hermannsklippe	2.60	25:07	9:39	37	9:33	455	13:43	9.00	1:19:47	8:51	39	27:59	467	41:40
Brocken	3.10	40:40	13:07	37	15:27	457	22:37	12.10	2:00:27	9:57	39	43:26	465	1:04:17
Eiserner Handwe	3.60	28:08	7:48	38	12:32	464	16:16	15.70	2:28:35	9:27	39	54:18	467	1:20:33
Schlüsie	4.10	29:10	7:06	38	14:06	468	17:36	19.80	2:57:45	8:58	39	1:07:43	468	1:38:09
Loddenke	3.10	20:04	6:28	37	7:18	447	10:45	22.90	3:17:49	8:38	38	1:15:01	467	1:48:54
Ilseburg/Markt	3.30	25:29	7:43	38	11:06	462	14:52	26.20	3:43:18	8:31	38	1:25:59	466	2:03:46