



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Duemmler, Katrin

Club: NIXtunkannJEDER  
Number: 614

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 3:51:10

Speed: 6.75 km/h  
Running performance: 8:49 min/km

Rank in course/Total: 570 (of 581)

Rank in course/Women: 102 (of 106)

Best time in course: 2:08:56

Rank in category: 24(of 26)

Best time in the category: 2:19:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	28:08	8:31	25	11:38	104	12:20	3.30	28:08	8:31	25	11:38	104	12:20
Schlüsie	3.10	28:53	9:19	24	10:42	98	12:18	6.40	57:01	8:54	24	22:20	99	24:33
Hermannsklippe	2.60	25:50	9:56	24	9:37	96	11:15	9.00	1:22:51	9:12	24	31:57	101	35:48
Brocken	3.10	40:52	13:10	22	13:42	94	16:43	12.10	2:03:43	10:13	24	45:07	100	52:24
Eiserner Handwe	3.60	30:03	8:20	25	14:04	105	14:51	15.70	2:33:46	9:47	24	59:11	100	1:07:15
Schlüsie	4.10	30:19	7:23	25	13:53	104	15:13	19.80	3:04:05	9:17	24	1:13:04	101	1:22:28
Loddenke	3.10	23:30	7:34	25	10:18	104	11:23	22.90	3:27:35	9:03	24	1:23:22	102	1:33:51
Ilseburg/Markt	3.30	23:35	7:08	24	8:44	97	9:35	26.20	3:51:10	8:49	24	1:32:06	102	1:42:14