



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Weber, Hartwig

Club: Hamburg  
Number: 548

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 3:58:57

Speed: 6.53 km/h  
Running performance: 9:07 min/km

Rank in course/Total: 576 (of 581)

Rank in course/Men: 472 (of 475)

Best time in course: 1:39:32

Rank in category: 4(of 4)

Best time in the category: 3:01:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	27:38	8:22	4	6:16	472	14:34	3.30	27:38	8:22	4	6:16	472	14:34
Schlüsie	3.10	28:36	9:13	4	5:51	464	14:58	6.40	56:14	8:47	4	12:07	468	29:31
Hermannsklippe	2.60	25:46	9:54	4	4:52	461	14:22	9.00	1:22:00	9:06	4	16:59	472	43:53
Brocken	3.10	40:28	13:03	4	5:48	455	22:25	12.10	2:02:28	10:07	4	18:51	469	1:06:18
Eiserner Handwe	3.60	31:16	8:41	4	9:47	469	19:24	15.70	2:33:44	9:47	4	28:38	470	1:25:42
Schlüsie	4.10	34:33	8:25	4	13:40	473	22:59	19.80	3:08:17	9:30	4	42:18	473	1:48:41
Loddenke	3.10	23:09	7:28	4	6:37	465	13:50	22.90	3:31:26	9:13	4	48:55	471	2:02:31
Ilseburg/Markt	3.30	27:31	8:20	4	8:32	469	16:54	26.20	3:58:57	9:07	4	57:27	472	2:19:25