



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Holland, Melina

Club: NSV Wernigerode
Number: 910

Course: 3.90 km
3,9 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 16:13

Speed: 11.10 km/h
Running performance: 4:10 min/km

Rank in course/Total: 6 (of 50)
Rank in course/Women: 3 (of 30)
Best time in course: 15:46

Rank in category: 2 (of 7)
Best time in the category: 16:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	8:20	4:23	1	-	3	2:12	1.90	8:20	4:23	1	-	3	2:12
Ilseburg/Markt	2.00	7:53	3:56	2	0:03	3	0:13	3.90	16:13	4:09	2	0:01	3	0:27