



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Boje, Nina

Club: Harz-Gebirgslaufverein Wernigerode
Number: 876

Course: 3.90 km
3,9 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 18:40

Speed: 9.64 km/h
Running performance: 4:47 min/km

Rank in course/Total: 14 (of 50)
Rank in course/Women: 5 (of 30)
Best time in course: 15:46

Rank in category: 4(of 7)
Best time in the category: 16:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	9:26	4:57	4	1:06	6	3:18	1.90	9:26	4:57	4	1:06	6	3:18
Ilseburg/Markt	2.00	9:14	4:36	5	1:24	7	1:34	3.90	18:40	4:47	4	2:28	5	2:54