



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Kumru Cam, Hatice

Number: 918

Course: 3.90 km

3,9 km - Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 19:46

Speed: 11.84 km/h

Running performance: 5:04 min/km

Rank in course/Total: 22 (of 50)

Rank in course/Women: 10 (of 30)

Best time in course: 15:46

Rank in category: 1(of 2)

Best time in the category: 19:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	6:08	3:13	1	-	1	-	1.90	6:08	3:13	1	-	1	-
Ilseburg/Markt	2.00	13:38	6:48	2	3:10	26	5:58	3.90	19:46	5:04	1	-	10	4:00