



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Reinold, Lena

Club: TuS 13 Hembsen  
Number: 891

Course: 3.90 km  
3,9 km - Lauf

Category:  
weibliche Jugend U16 (14-15 Jahre)

Total time: 21:37

Speed: 10.82 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 25 (of 50)  
Rank in course/Women: 13 (of 30)

Best time in course: 15:46  
Rank in category: 7(of 7)  
Best time in the category: 16:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	11:10	5:52	7	2:50	14	5:02	1.90	11:10	5:52	7	2:50	14	5:02
Ilseburg/Markt	2.00	10:27	5:13	7	2:37	12	2:47	3.90	21:37	5:32	7	5:25	13	5:51