



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Rost, Zoe

Club: Skiclub Ilseburg
Number: 920

Course: 3.90 km
3,9 km - Lauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 21:38

Speed: 8.32 km/h
Running performance: 5:33 min/km

Rank in course/Total: 26 (of 50)
Rank in course/Women: 14 (of 30)
Best time in course: 15:46

Rank in category: 1(of 3)
Best time in the category: 21:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	11:05	5:50	1	-	13	4:57	1.90	11:05	5:50	1	-	13	4:57
Ilseburg/Markt	2.00	10:33	5:16	1	-	14	2:53	3.90	21:38	5:32	1	-	14	5:52