



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Berger, Thomas

Number: 873

Course: 3.90 km

3,9 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 21:45

Speed: 8.28 km/h

Running performance: 5:35 min/km

Rank in course/Total: 27 (of 50)

Rank in course/Men: 13 (of 20)

Best time in course: 14:41

Rank in category: 1(of 1)

Best time in the category: 21:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Prinzess Ilse Que	1.90	10:35	5:34	1	-	13	3:22	1.90	10:35	5:34	1	-	13	3:22
Ilseburg/Markt	2.00	11:10	5:34	1	-	15	3:42	3.90	21:45	5:34	1	-	13	7:04