



49. Brockenlauf  
Ilsenburg / 07.09.2019

Detailed evaluation

Reinecke, Annett

Club: Brockenlaufverein Ilsenburg  
Number: 922

Course: 3.90 km  
3,9 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 21:50

Speed: 8.24 km/h  
Running performance: 5:36 min/km

Rank in course/Total: 28 (of 50)

Rank in course/Women: 15 (of 30)

Best time in course: 15:46

Rank in category: 2(of 2)

Best time in the category: 19:46

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Prinzess Ilse Que	1.90	11:22	5:58	2	5:14	16	5:14	1.90	11:22	5:58	2	5:14	16	5:14
Ilsenburg/Markt	2.00	10:28	5:14	1	-	13	2:48	3.90	21:50	5:35	2	2:04	15	6:04