



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Müller, Cindy

Club: Aschersleben
Number: 895

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 23:32

Speed: 7.65 km/h
Running performance: 6:02 min/km

Rank in course/Total: 31 (of 50)

Rank in course/Women: 16 (of 30)

Best time in course: 15:46

Rank in category: 2(of 3)

Best time in the category: 20:38

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Prinzess Ilse Que | 1.90 | 12:36 | 6:37 | 2 | 2:01 | 18 | 6:28 | 1.90 | 12:36 | 6:37 | 2 | 2:01 | 18 | 6:28 |
| Ilseburg/Markt | 2.00 | 10:56 | 5:28 | 2 | 0:53 | 15 | 3:16 | 3.90 | 23:32 | 6:02 | 2 | 2:54 | 16 | 7:46 |