



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Müller, Cindy

Club: Aschersleben
Number: 895

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 23:32
Speed: 9.94 km/h
Running performance: 6:02 min/km
Rank in course/Total: 31 (of 50)
Rank in course/Women: 16 (of 30)
Best time in course: 15:46
Rank in category: 2(of 3)
Best time in the category: 20:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	12:36	6:37	2	2:01	18	6:28	1.90	12:36	6:37	2	2:01	18	6:28
Ilseburg/Markt	2.00	10:56	5:28	2	0:53	15	3:16	3.90	23:32	6:02	2	2:54	16	7:46