



49. Brockenlauf  
Ilseburg / 07.09.2019

### Detailed evaluation

**Munkwitz, Heike**

Club: Wunsch Team  
Number: 896

Course: 3.90 km  
3,9 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 28:11

Speed: 6.39 km/h  
Running performance: 7:14 min/km

Rank in course/Total: 43 (of 50)  
Rank in course/Women: 27 (of 30)

Best time in course: 15:46

Rank in category: 2(of 2)  
Best time in the category: 27:31

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	14:44	7:45	2	0:27	27	8:36	1.90	14:44	7:45	2	0:27	27	8:36
Ilseburg/Markt	2.00	13:27	6:43	2	0:13	25	5:47	3.90	28:11	7:13	2	0:40	27	12:25