



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Munkwitz, Heike

Club: Wunsch Team
Number: 896

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 28:11

Speed: 8.30 km/h
Running performance: 7:14 min/km

Rank in course/Total: 43 (of 50)
Rank in course/Women: 27 (of 30)
Best time in course: 15:46

Rank in category: 2(of 2)
Best time in the category: 27:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	14:44	7:45	2	0:27	27	8:36	1.90	14:44	7:45	2	0:27	27	8:36
Ilseburg/Markt	2.00	13:27	6:43	2	0:13	25	5:47	3.90	28:11	7:13	2	0:40	27	12:25