



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Wiecker, Ronny

Club: NSV Wernigerode
Number: 812

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 40:56

Speed: 14.07 km/h
Running performance: 4:16 min/km

Rank in course/Total: 9 (of 210)

Rank in course/Men: 9 (of 132)

Best time in course: 33:33

Rank in category: 2(of 16)

Best time in the category: 40:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	20:23	4:58	2	0:20	9	4:03	4.10	20:23	4:58	2	0:20	9	4:03
Loddenke	2.20	8:01	3:38	2	0:02	8	1:16	6.30	28:24	4:30	2	0:22	9	5:17
Ilseburg/Markt	3.30	12:32	3:47	2	0:21	11	2:06	9.60	40:56	4:15	2	0:43	9	7:23