



49. Brockenlauf

Ilseburg / 07.09.2019

Detailed evaluation

Monteverdi, Simon

Club: Landau
Number: 741

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 42:17

Speed: 12.77 km/h
Running performance: 4:24 min/km

Rank in course/Total: 13 (of 210)

Rank in course/Men: 13 (of 132)

Best time in course: 33:33

Rank in category: 4(of 17)

Best time in the category: 33:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	20:38	5:01	3	4:18	10	4:18	4.10	20:38	5:01	3	4:18	10	4:18
Loddenke	2.20	8:41	3:56	5	1:56	19	1:56	6.30	29:19	4:39	4	6:12	13	6:12
Ilseburg/Markt	3.30	12:58	3:55	5	2:32	17	2:32	9.60	42:17	4:24	4	8:44	13	8:44