



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Loeffler, Stephan

Club: Frankfurt
Number: 827

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 44:41

Speed: 12.89 km/h
Running performance: 4:39 min/km

Rank in course/Total: 21 (of 210)

Rank in course/Men: 20 (of 132)

Best time in course: 33:33

Rank in category: 2(of 17)

Best time in the category: 38:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:36	5:30	3	3:11	22	6:16	4.10	22:36	5:30	3	3:11	22	6:16
Loddenke	2.20	8:46	3:59	3	1:17	22	2:01	6.30	31:22	4:58	3	4:28	22	8:15
Ilseburg/Markt	3.30	13:19	4:02	2	1:40	20	2:53	9.60	44:41	4:39	2	6:08	20	11:08