



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Brandecker, Yvonne

Club: Harz-Gebirgslaufverein Wernigerode
Number: 651

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 44:23

Speed: 12.17 km/h
Running performance: 4:37 min/km

Rank in course/Total: 19 (of 210)

Rank in course/Women: 1 (of 78)

Best time in course: 44:23

Rank in category: 1(of 7)

Best time in the category: 44:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	21:59	5:21	1	-	1	-	4.10	21:59	5:21	1	-	1	-
Loddenke	2.20	8:40	3:56	1	-	2	0:04	6.30	30:39	4:51	1	-	1	-
Ilseburg/Markt	3.30	13:44	4:09	1	-	2	0:11	9.60	44:23	4:37	1	-	1	-