



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schulz, Mark

Club: Harz-Gebirgslauf Wernigerode
Number: 779

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 44:48

Speed: 12.86 km/h
Running performance: 4:40 min/km

Rank in course/Total: 23 (of 210)

Rank in course/Men: 22 (of 132)

Best time in course: 33:33

Rank in category: 3(of 17)

Best time in the category: 38:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:21	5:27	2	2:56	20	6:01	4.10	22:21	5:27	2	2:56	20	6:01
Loddenke	2.20	8:42	3:57	2	1:13	20	1:57	6.30	31:03	4:55	2	4:09	17	7:56
Ilseburg/Markt	3.30	13:45	4:10	3	2:06	27	3:19	9.60	44:48	4:40	3	6:15	22	11:15