



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Kremling, Andreas

Club: SchiekepannELF
Number: 717

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 48:21

Speed: 11.17 km/h
Running performance: 5:02 min/km

Rank in course/Total: 38 (of 210)

Rank in course/Men: 34 (of 132)

Best time in course: 33:33

Rank in category: 5(of 16)

Best time in the category: 40:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:01	6:06	6	4:58	41	8:41	4.10	25:01	6:06	6	4:58	41	8:41
Loddenke	2.20	9:20	4:14	4	1:21	30	2:35	6.30	34:21	5:27	5	6:19	37	11:14
Ilseburg/Markt	3.30	14:00	4:14	4	1:49	32	3:34	9.60	48:21	5:02	5	8:08	34	14:48