



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Unger, Thomas

Club: Blankenburg (Harz)
Number: 801

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 50:00

Speed: 10.80 km/h
Running performance: 5:13 min/km

Rank in course/Total: 51 (of 210)

Rank in course/Men: 45 (of 132)

Best time in course: 33:33

Rank in category: 5(of 15)

Best time in the category: 41:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	25:24	6:11	6	4:46	47	9:04	4.10	25:24	6:11	6	4:46	47	9:04	
Loddenke	2.20	9:54	4:30	6	1:33	47	3:09	6.30	35:18	5:36	6	6:19	46	12:11	
Ilseburg/Markt	3.30	14:42	4:27	5	2:14	44	4:16	9.60	50:00	5:12	5	8:33	45	16:27	