



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Celkiene, Simona

Club: Bremen  
Number: 656

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 50:17

Speed: 10.74 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 58 (of 210)

Rank in course/Women: 9 (of 78)

Best time in course: 44:23

Rank in category: 1(of 7)

Best time in the category: 50:17

Intermediate times

Stage score

Total ranking

| Control        | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |              | Total ranking |            |              |          |             |           |              |
|----------------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|                |          |            |              |          |             | Pos Women   | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Ilsestein      | 4.10     | 25:42      | 6:16         | 1        | -           | 9           | 3:43         | 4.10          | 25:42      | 6:16         | 1        | -           | 9         | 3:43         |
| Loddenke       | 2.20     | 10:27      | 4:44         | 3        | 0:40        | 17          | 1:51         | 6.30          | 36:09      | 5:44         | 3        | 0:20        | 13        | 5:30         |
| Ilseburg/Markt | 3.30     | 14:08      | 4:16         | 1        | -           | 3           | 0:35         | 9.60          | 50:17      | 5:14         | 1        | -           | 9         | 5:54         |