



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Celkiene, Simona

Club: Bremen
Number: 656

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 50:17

Speed: 11.46 km/h
Running performance: 5:14 min/km

Rank in course/Total: 58 (of 210)

Rank in course/Women: 9 (of 78)

Best time in course: 44:23

Rank in category: 1(of 7)

Best time in the category: 50:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	25:42	6:16	1	-	9	3:43	4.10	25:42	6:16	1	-	9	3:43
Loddenke	2.20	10:27	4:44	3	0:40	17	1:51	6.30	36:09	5:44	3	0:20	13	5:30
Ilseburg/Markt	3.30	14:08	4:16	1	-	3	0:35	9.60	50:17	5:14	1	-	9	5:54