



49. Brockenlauf
Ilsenburg / 07.09.2019

Detailed evaluation

Lambeck, Tina

Club: Ilmenau
Number: 726

Course: 9.60 km
9,6 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 50:23

Speed: 10.72 km/h
Running performance: 5:15 min/km

Rank in course/Total: 59 (of 210)
Rank in course/Women: 10 (of 78)
Best time in course: 44:23

Rank in category: 2(of 3)
Best time in the category: 49:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	25:25	6:11	2	0:42	8	3:26	4.10	25:25	6:11	2	0:42	8	3:26
Loddenke	2.20	10:10	4:37	2	0:29	14	1:34	6.30	35:35	5:38	2	1:11	9	4:56
Ilsenburg/Markt	3.30	14:48	4:29	1	-	7	1:15	9.60	50:23	5:14	2	0:32	10	6:00