



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Lauritsen, Kell

Club: Faaborg Ski- og Motionsklub
Number: 727

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 50:35

Speed: 10.68 km/h
Running performance: 5:16 min/km

Rank in course/Total: 60 (of 210)

Rank in course/Men: 50 (of 132)

Best time in course: 33:33

Rank in category: 1(of 5)

Best time in the category: 50:35

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	25:59	6:20	1	-	51	9:39	4.10	25:59	6:20	1	-	51	9:39
Loddenke	2.20	10:10	4:37	1	-	54	3:25	6.30	36:09	5:44	1	-	58	13:02
Ilseburg/Markt	3.30	14:26	4:22	1	-	39	4:00	9.60	50:35	5:16	1	-	50	17:02