



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Lauritsen, Kell

Club: Faaborg Ski- og Motionsklub
Number: 727

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 50:35

Speed: 11.39 km/h
Running performance: 5:16 min/km

Rank in course/Total: 60 (of 210)

Rank in course/Men: 50 (of 132)

Best time in course: 33:33

Rank in category: 1(of 5)

Best time in the category: 50:35

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 25:59 | 6:20 | 1 | - | 51 | 9:39 | 4.10 | 25:59 | 6:20 | 1 | - | 51 | 9:39 |
| Loddenke | 2.20 | 10:10 | 4:37 | 1 | - | 54 | 3:25 | 6.30 | 36:09 | 5:44 | 1 | - | 58 | 13:02 |
| Ilseburg/Markt | 3.30 | 14:26 | 4:22 | 1 | - | 39 | 4:00 | 9.60 | 50:35 | 5:16 | 1 | - | 50 | 17:02 |