



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Randhahn, Karolin

Club: Dresden  
Number: 759

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 50:56

Speed: 10.60 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 66 (of 210)  
Rank in course/Women: 13 (of 78)  
Best time in course: 44:23

Rank in category: 3(of 7)  
Best time in the category: 50:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	25:56	6:19	2	0:14	10	3:57	4.10	25:56	6:19	2	0:14	10	3:57
Loddenke	2.20	10:06	4:35	2	0:19	12	1:30	6.30	36:02	5:43	2	0:13	12	5:23
Ilseburg/Markt	3.30	14:54	4:30	2	0:46	8	1:21	9.60	50:56	5:18	3	0:39	13	6:33