



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Pfeffer, Andreas

Club: Skiclub Ilseburg
Number: 846

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:22

Speed: 11.21 km/h
Running performance: 5:21 min/km

Rank in course/Total: 68 (of 210)

Rank in course/Men: 55 (of 132)

Best time in course: 33:33

Rank in category: 11(of 19)

Best time in the category: 38:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:01	6:20	11	6:45	53	9:41	4.10	26:01	6:20	11	6:45	53	9:41
Loddenke	2.20	9:43	4:24	8	2:08	41	2:58	6.30	35:44	5:40	11	8:53	52	12:37
Ilseburg/Markt	3.30	15:38	4:44	13	4:14	70	5:12	9.60	51:22	5:21	11	13:07	55	17:49