



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Brosch, Torben

Club: Hannover  
Number: 654

Course: 9.60 km  
9,6 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 51:28

Speed: 11.19 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 70 (of 210)

Rank in course/Men: 57 (of 132)

Best time in course: 33:33

Rank in category: 11(of 17)

Best time in the category: 33:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
Ilsestein	4.10	25:13	6:09	10	8:53	43	8:53	4.10	25:13	6:09	10	8:53	43	8:53
Loddenke	2.20	10:37	4:49	12	3:52	71	3:52	6.30	35:50	5:41	11	12:43	54	12:43
Ilseburg/Markt	3.30	15:38	4:44	12	5:12	70	5:12	9.60	51:28	5:21	11	17:55	57	17:55