



49. Brockenlauf

Ilseburg / 07.09.2019

Detailed evaluation

Schmidt, Thomas

Club: Germania Wernigerode
Number: 862

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 51:33

Speed: 10.48 km/h
Running performance: 5:22 min/km

Rank in course/Total: 71 (of 210)

Rank in course/Men: 58 (of 132)

Best time in course: 33:33

Rank in category: 12(of 19)

Best time in the category: 38:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	25:14	6:09	9	5:58	44	8:54	4.10	25:14	6:09	9	5:58	44	8:54
Loddenke	2.20	10:17	4:40	14	2:42	59	3:32	6.30	35:31	5:38	10	8:40	49	12:24
Ilseburg/Markt	3.30	16:02	4:51	15	4:38	75	5:36	9.60	51:33	5:22	12	13:18	58	18:00