



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Killat, Sabrina

Number: 706

Course: 9.60 km

9,6 km - Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 52:57

Speed: 10.20 km/h

Running performance: 5:31 min/km

Rank in course/Total: 78 (of 210)

Rank in course/Women: 16 (of 78)

Best time in course: 44:23

Rank in category: 3(of 15)

Best time in the category: 46:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:10	6:37	4	4:25	17	5:11	4.10	27:10	6:37	4	4:25	17	5:11
Loddenke	2.20	10:06	4:35	3	0:55	12	1:30	6.30	37:16	5:54	3	5:20	16	6:37
Ilseburg/Markt	3.30	15:41	4:45	3	1:12	19	2:08	9.60	52:57	5:30	3	6:32	16	8:34