



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Horchler, Rainer

Club: MTV Vienenburg  
Number: 696

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 54:26

Speed: 10.58 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 92 (of 210)

Rank in course/Men: 73 (of 132)

Best time in course: 33:33

Rank in category: 3(of 10)

Best time in the category: 44:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:18	6:39	3	4:41	72	10:58	4.10	27:18	6:39	3	4:41	72	10:58
Loddenke	2.20	10:29	4:45	3	2:02	68	3:44	6.30	37:47	5:59	3	6:43	68	14:40
Ilseburg/Markt	3.30	16:39	5:02	3	3:28	86	6:13	9.60	54:26	5:40	3	10:11	73	20:53