



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Götze, André

Number: 824

Course: 9.60 km

9,6 km - Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 54:42

Speed: 9.87 km/h

Running performance: 5:42 min/km

Rank in course/Total: 93 (of 210)

Rank in course/Men: 74 (of 132)

Best time in course: 33:33

Rank in category: 5(of 10)

Best time in the category: 46:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:06	6:51	5	4:47	79	11:46	4.10	28:06	6:51	5	4:47	79	11:46
Loddenke	2.20	11:23	5:10	5	2:02	84	4:38	6.30	39:29	6:16	6	6:49	81	16:22
Ilseburg/Markt	3.30	15:13	4:36	4	1:29	56	4:47	9.60	54:42	5:41	5	8:01	74	21:09