



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schmorl, Sara

Club: Leipzig
Number: 831

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 54:42

Speed: 9.87 km/h
Running performance: 5:42 min/km

Rank in course/Total: 94 (of 210)
Rank in course/Women: 20 (of 78)
Best time in course: 44:23

Rank in category: 4(of 7)
Best time in the category: 50:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:38	6:59	4	2:56	28	6:39	4.10	28:38	6:59	4	2:56	28	6:39
Loddenke	2.20	10:50	4:55	4	1:03	19	2:14	6.30	39:28	6:15	4	3:39	23	8:49
Ilseburg/Markt	3.30	15:14	4:36	4	1:06	13	1:41	9.60	54:42	5:41	4	4:25	20	10:19