



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Korneli, Manuela

Club: Zeulenroda  
Number: 715

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 55:46

Speed: 9.68 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 101 (of 210)

Rank in course/Women: 24 (of 78)

Best time in course: 44:23

Rank in category: 4(of 7)

Best time in the category: 44:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:46	6:46	3	5:47	19	5:47	4.10	27:46	6:46	3	5:47	19	5:47
Loddenke	2.20	11:00	5:00	3	2:20	24	2:24	6.30	38:46	6:09	3	8:07	20	8:07
Ilseburg/Markt	3.30	17:00	5:09	4	3:16	33	3:27	9.60	55:46	5:48	4	11:23	24	11:23