



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schmidt-Stolle, Ulrich

Club: Lübeck
Number: 776

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 55:52

Speed: 10.31 km/h
Running performance: 5:49 min/km

Rank in course/Total: 102 (of 210)

Rank in course/Men: 78 (of 132)

Best time in course: 33:33

Rank in category: 6(of 10)

Best time in the category: 46:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 28:36 | 6:58 | 6 | 5:17 | 82 | 12:16 | 4.10 | 28:36 | 6:58 | 6 | 5:17 | 82 | 12:16 |
| Loddenke | 2.20 | 10:38 | 4:49 | 3 | 1:17 | 72 | 3:53 | 6.30 | 39:14 | 6:13 | 5 | 6:34 | 78 | 16:07 |
| Ilseburg/Markt | 3.30 | 16:38 | 5:02 | 8 | 2:54 | 85 | 6:12 | 9.60 | 55:52 | 5:49 | 6 | 9:11 | 78 | 22:19 |