



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schmidt-Stolle, Ulrich

Club: Lübeck
Number: 776

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 55:52

Speed: 9.67 km/h
Running performance: 5:49 min/km

Rank in course/Total: 102 (of 210)

Rank in course/Men: 78 (of 132)

Best time in course: 33:33

Rank in category: 6(of 10)

Best time in the category: 46:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:36	6:58	6	5:17	82	12:16	4.10	28:36	6:58	6	5:17	82	12:16
Loddenke	2.20	10:38	4:49	3	1:17	72	3:53	6.30	39:14	6:13	5	6:34	78	16:07
Ilseburg/Markt	3.30	16:38	5:02	8	2:54	85	6:12	9.60	55:52	5:49	6	9:11	78	22:19