



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Dietrich, Isabel

Club: Ilseburg
Number: 659

Course: 9.60 km
9,6 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 56:15

Speed: 9.60 km/h
Running performance: 5:52 min/km

Rank in course/Total: 105 (of 210)

Rank in course/Women: 25 (of 78)

Best time in course: 44:23

Rank in category: 2(of 2)

Best time in the category: 54:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:13	6:52	2	0:25	23	6:14	4.10	28:13	6:52	2	0:25	23	6:14
Loddenke	2.20	11:29	5:13	2	1:10	32	2:53	6.30	39:42	6:18	2	1:35	25	9:03
Ilseburg/Markt	3.30	16:33	5:00	2	0:35	25	3:00	9.60	56:15	5:51	2	2:10	25	11:52