



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Müller, Mathias

Club: Echte Nordhäuser Marktpassage  
Number: 828

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 56:17

Speed: 10.23 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 106 (of 210)

Rank in course/Men: 81 (of 132)

Best time in course: 33:33

Rank in category: 5(of 11)

Best time in the category: 38:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:22	6:55	5	8:57	81	12:02	4.10	28:22	6:55	5	8:57	81	12:02
Loddenke	2.20	11:11	5:04	6	3:40	82	4:26	6.30	39:33	6:16	5	12:37	82	16:26
Ilseburg/Markt	3.30	16:44	5:04	5	4:58	88	6:18	9.60	56:17	5:51	5	17:35	81	22:44