



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Schreinert, Alina

Club: SC Potsdam
Number: 834

Course: 9.60 km
9,6 km - Lauf

Category:
weibliche Jugend U20 (18-19 Jahre)

Total time: 57:04

Speed: 9.46 km/h
Running performance: 5:56 min/km

Rank in course/Total: 111 (of 210)

Rank in course/Women: 27 (of 78)

Best time in course: 44:23

Rank in category: 2(of 2)

Best time in the category: 55:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:39	6:59	2	0:36	29	6:40	4.10	28:39	6:59	2	0:36	29	6:40
Loddenke	2.20	11:41	5:18	2	0:50	37	3:05	6.30	40:20	6:24	2	1:26	29	9:41
Ilseburg/Markt	3.30	16:44	5:04	1	-	28	3:11	9.60	57:04	5:56	2	1:24	27	12:41