



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Jungermann, Katrin

Number: 841

Course: 9.60 km

9,6 km - Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 57:09

Speed: 9.45 km/h

Running performance: 5:57 min/km

Rank in course/Total: 114 (of 210)

Rank in course/Women: 28 (of 78)

Best time in course: 44:23

Rank in category: 2(of 11)

Best time in the category: 50:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	28:49	7:01	3	2:35	30	6:50	4.10	28:49	7:01	3	2:35	30	6:50
Loddenke	2.20	10:58	4:59	2	1:21	23	2:22	6.30	39:47	6:18	2	3:56	27	9:08
Ilseburg/Markt	3.30	17:22	5:15	5	2:26	39	3:49	9.60	57:09	5:57	2	6:22	28	12:46