



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Roth, Peter

Club: Hannover  
Number: 767

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 57:09

Speed: 9.45 km/h  
Running performance: 5:57 min/km

Rank in course/Total: 115 (of 210)

Rank in course/Men: 87 (of 132)

Best time in course: 33:33

Rank in category: 6(of 11)

Best time in the category: 38:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:52	7:02	6	9:27	87	12:32	4.10	28:52	7:02	6	9:27	87	12:32
Loddenke	2.20	11:05	5:02	5	3:34	80	4:20	6.30	39:57	6:20	6	13:01	86	16:50
Ilseburg/Markt	3.30	17:12	5:12	7	5:26	94	6:46	9.60	57:09	5:57	6	18:27	87	23:36