



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Müller, Matthias

Club: Jimmys Lauftreff
Number: 746

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 57:32

Speed: 9.39 km/h
Running performance: 5:59 min/km

Rank in course/Total: 121 (of 210)

Rank in course/Men: 90 (of 132)

Best time in course: 33:33

Rank in category: 5(of 10)

Best time in the category: 44:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:49	6:32	2	4:12	68	10:29	4.10	26:49	6:32	2	4:12	68	10:29
Loddenke	2.20	10:19	4:41	2	1:52	61	3:34	6.30	37:08	5:53	2	6:04	64	14:01
Ilseburg/Markt	3.30	20:24	6:10	10	7:13	123	9:58	9.60	57:32	5:59	5	13:17	90	23:59