



49. Brockenlauf

Ilseburg / 07.09.2019

Detailed evaluation

Schreinert, Axel

Club: Werder (Havel)
Number: 835

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 57:40

Speed: 9.36 km/h
Running performance: 6:01 min/km

Rank in course/Total: 122 (of 210)

Rank in course/Men: 91 (of 132)

Best time in course: 33:33

Rank in category: 10(of 15)

Best time in the category: 41:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:39	6:59	10	8:01	83	12:19	4.10	28:39	6:59	10	8:01	83	12:19
Loddenke	2.20	11:41	5:18	12	3:20	96	4:56	6.30	40:20	6:24	10	11:21	89	17:13
Ilseburg/Markt	3.30	17:20	5:15	12	4:52	97	6:54	9.60	57:40	6:00	10	16:13	91	24:07