



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Kilian, Elke

Club: NIX tun kann JEDER
Number: 705

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 57:49

Speed: 9.34 km/h
Running performance: 6:01 min/km

Rank in course/Total: 123 (of 210)

Rank in course/Women: 32 (of 78)

Best time in course: 44:23

Rank in category: 1(of 4)

Best time in the category: 57:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:15	7:08	1	-	33	7:16	4.10	29:15	7:08	1	-	33	7:16
Loddenke	2.20	11:13	5:05	1	-	26	2:37	6.30	40:28	6:25	1	-	30	9:49
Ilseburg/Markt	3.30	17:21	5:15	1	-	37	3:48	9.60	57:49	6:01	1	-	32	13:26