



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Otto, Jens

Number: 854

Course: 9.60 km

9,6 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 57:54

Speed: 9.95 km/h

Running performance: 6:02 min/km

Rank in course/Total: 124 (of 210)

Rank in course/Men: 92 (of 132)

Best time in course: 33:33

Rank in category: 13(of 17)

Best time in the category: 38:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:10	7:06	13	9:45	93	12:50	4.10	29:10	7:06	13	9:45	93	12:50
Loddenke	2.20	11:24	5:10	14	3:55	85	4:39	6.30	40:34	6:26	13	13:40	91	17:27
Ilseburg/Markt	3.30	17:20	5:15	15	5:41	97	6:54	9.60	57:54	6:01	13	19:21	92	24:21