



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Naumann, Nicole

Club: TC Merseburg  
Number: 844

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 59:11

Speed: 9.12 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 141 (of 210)

Rank in course/Women: 41 (of 78)

Best time in course: 44:23

Rank in category: 5(of 7)

Best time in the category: 44:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:07	7:20	5	8:08	41	8:08	4.10	30:07	7:20	5	8:08	41	8:08
Loddenke	2.20	11:43	5:19	5	3:03	38	3:07	6.30	41:50	6:38	5	11:11	38	11:11
Ilseburg/Markt	3.30	17:21	5:15	5	3:37	37	3:48	9.60	59:11	6:09	5	14:48	41	14:48