



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Kabisch, Maxi

Club: MTV/BG Wolfenbüttel  
Number: 702

Course: 9.60 km  
9,6 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 1:00:29

Speed: 9.52 km/h  
Running performance: 6:18 min/km

Rank in course/Total: 150 (of 210)

Rank in course/Women: 45 (of 78)

Best time in course: 44:23

Rank in category: 8(of 11)

Best time in the category: 45:59

Intermediate times

Stage score

Total ranking

| Control        | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |                 |
|----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Ilsestein      | 4.10        | 30:34         | 7:27            | 9           | 6:44           | 44           | 8:35            | 4.10          | 30:34         | 7:27            | 9           | 6:44           | 44           | 8:35            |
| Loddenke       | 2.20        | 11:59         | 5:26            | 8           | 3:23           | 42           | 3:23            | 6.30          | 42:33         | 6:45            | 8           | 10:07          | 45           | 11:54           |
| Ilseburg/Markt | 3.30        | 17:56         | 5:26            | 7           | 4:23           | 44           | 4:23            | 9.60          | 1:00:29       | 6:18            | 8           | 14:30          | 45           | 16:06           |