



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Surma, Klaus

Number: 849

Course: 9.60 km

9,6 km - Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 1:00:47

Speed: 9.48 km/h

Running performance: 6:20 min/km

Rank in course/Total: 152 (of 210)

Rank in course/Men: 106 (of 132)

Best time in course: 33:33

Rank in category: 3(of 5)

Best time in the category: 50:35

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 30:27 | 7:25 | 3 | 4:28 | 104 | 14:07 | 4.10 | 30:27 | 7:25 | 3 | 4:28 | 104 | 14:07 |
| Loddenke | 2.20 | 12:17 | 5:34 | 3 | 2:07 | 109 | 5:32 | 6.30 | 42:44 | 6:46 | 3 | 6:35 | 105 | 19:37 |
| Ilseburg/Markt | 3.30 | 18:03 | 5:28 | 3 | 3:37 | 109 | 7:37 | 9.60 | 1:00:47 | 6:19 | 3 | 10:12 | 106 | 27:14 |