



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Hoffmann, Reiner

Club: LGV Marathon Giessen
Number: 691

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:01:39

Speed: 9.34 km/h
Running performance: 6:25 min/km

Rank in course/Total: 155 (of 210)

Rank in course/Men: 107 (of 132)

Best time in course: 33:33

Rank in category: 7(of 10)

Best time in the category: 44:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	31:16	7:37	7	8:39	112	14:56	4.10	31:16	7:37	7	8:39	112	14:56
Loddenke	2.20	12:26	5:39	8	3:59	112	5:41	6.30	43:42	6:56	7	12:38	110	20:35
Ilseburg/Markt	3.30	17:57	5:26	6	4:46	107	7:31	9.60	1:01:39	6:25	7	17:24	107	28:06