



49. Brockenlauf
Ilseburg / 07.09.2019

Detailed evaluation

Villmann, Jörg

Club: Brockenlaufverein
Number: 804

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:02:03

Speed: 9.28 km/h
Running performance: 6:28 min/km

Rank in course/Total: 156 (of 210)

Rank in course/Men: 108 (of 132)

Best time in course: 33:33

Rank in category: 10(of 11)

Best time in the category: 38:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Ilsestein	4.10	30:33	7:27	10	11:08	105	14:13	4.10	30:33	7:27	10	11:08	105	14:13
Loddenke	2.20	12:28	5:39	11	4:57	113	5:43	6.30	43:01	6:49	10	16:05	108	19:54
Ilseburg/Markt	3.30	19:02	5:46	11	7:16	116	8:36	9.60	1:02:03	6:27	10	23:21	108	28:30