



49. Brockenlauf  
Ilseburg / 07.09.2019

Detailed evaluation

Gropp, Christian

Club: Touren Harz  
Number: 861

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:04:11

Speed: 8.41 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 173 (of 210)

Rank in course/Men: 113 (of 132)

Best time in course: 33:33

Rank in category: 16(of 17)

Best time in the category: 38:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	31:05	7:34	14	11:40	108	14:45	4.10	31:05	7:34	14	11:40	108	14:45
Loddenke	2.20	13:51	6:17	16	6:22	123	7:06	6.30	44:56	7:07	16	18:02	113	21:49
Ilseburg/Markt	3.30	19:15	5:50	16	7:36	119	8:49	9.60	1:04:11	6:41	16	25:38	113	30:38